

The Patient's Medical Home

Dr. Jackie Elliott
President

Newfoundland and Labrador College of Family Physicians



Le Collège des
médecins de famille
du Canada

ge of
ians
nada

The Patient's Medical Home

Why care?

Will it make a difference to my community?



N.L. D-graded in health care

Province may spend the most, but population remains unhealthy

Posted: May 29, 2013 5:37 AM NT | Last Updated: May 29, 2013 10:37 AM NT



Instructor Kimberly Robertson says it's a challenge getting many people in N.L. to make healthy lifestyle changes. (CBC)

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Western Health on the hunt for doctors

by
on September 18, 2013

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Christa Health Centre losing
physicians

Western Health is on the hunt for
doctors. Physicians will be leaving
Christa in October, and a third left
in September.

Health authority has placed ads in



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Doctor recruitment difficult in Central Newfoundland

News Posted: Feb 08, 2013 12:49 PM NT | Last Update: Feb 08, 2013 4:09 PM NT

Doctor recruitment difficult in Central Newfoundland



Doctor recruitment difficult in Central Newfoundland 4:26

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The head of doctor recruitment in Grand Falls-Windsor says winter is a hard time to bring in new doctors.

None of the family physicians in the town are accepting new patients, forcing anyone without a general practitioner to rely on walk-in clinics.

Dr. Jared Butler said that patients will have to be patient and wait until

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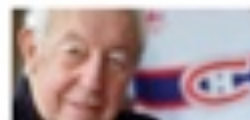
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News Posted: Apr 21, 2015 11:47 AM NT | Last Updated: Apr 22, 2015 5:38 PM NT



nurse practitioner on private clinic 2:10

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9 shares A Corner Brook nurse practitioner says she's not opening the door to

The Patient's Medical Home

HEALTHY PEOPLE = HEALTHY COMMUNITIES



Vision for Canada: The Patient's Medical Home (PMH)

Launched in September 2011 on Parliament Hill it is a model of primary care.

The vision for the future of family medicine in Canada

It would be the home-base for the provision and coordination of all the health and medical services needed by each of its patients

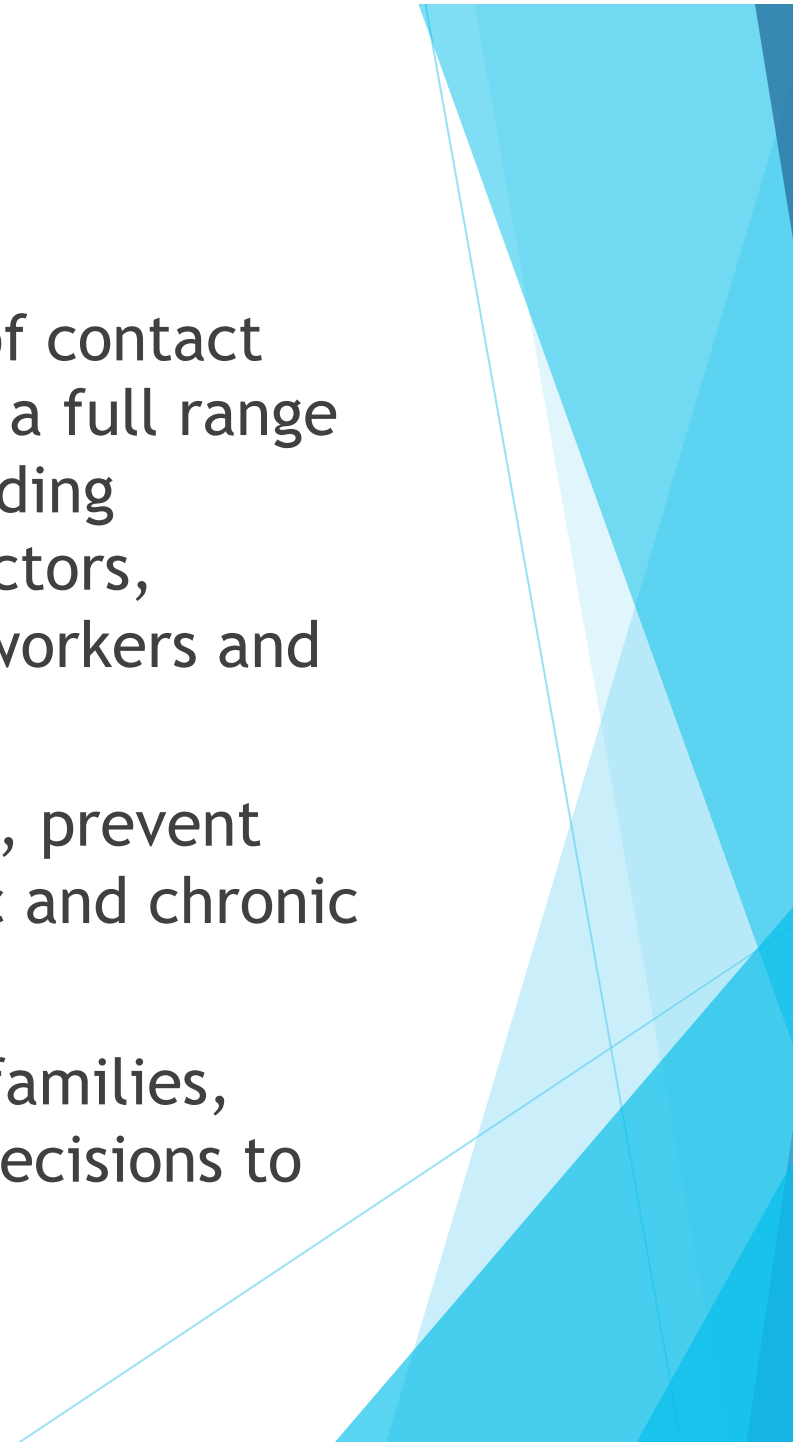
There are some primary care models emerging across Canada such as Family Health Teams, Primary Care Networks but no model yet meets all the PMH goals

What is Primary care?

Primary care is usually a person's first point of contact with the health care system. It encompasses a full range of professional and community supports including community based interactions with family doctors, pharmacists, occupational therapists, social workers and nurses.

Primary health care serves to promote health, prevent illness and injury, diagnose and treat episodic and chronic illness.

It should encourage and support individuals, families, communities and the health sector to make decisions to prevent illness and maintain health.

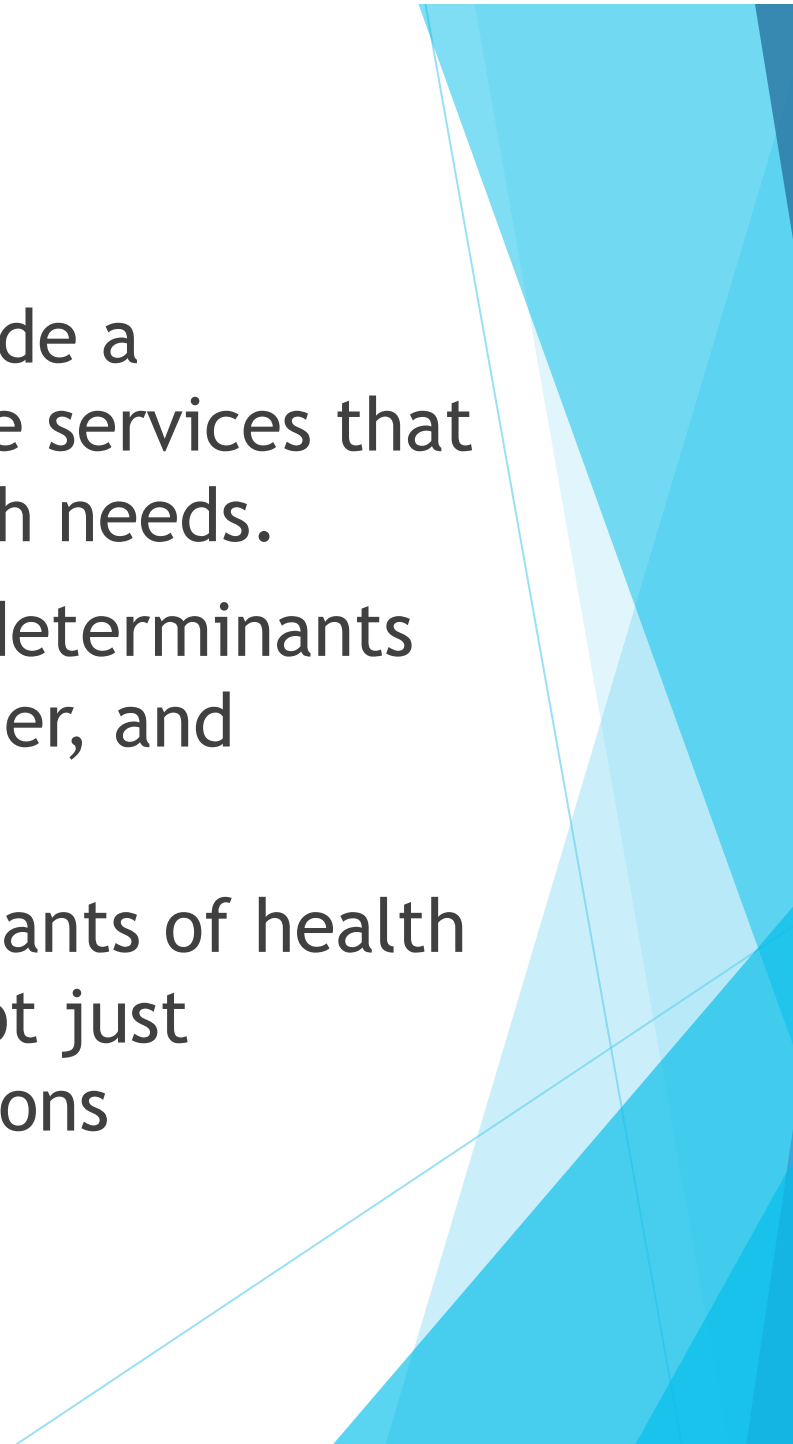


Social Determinants of Health

A Patient's Medical Home aims to provide a comprehensive scope of family practice services that also meets population and public health needs.

It incorporates the effects that social determinants such as poverty, job loss, culture, gender, and homelessness have on health.

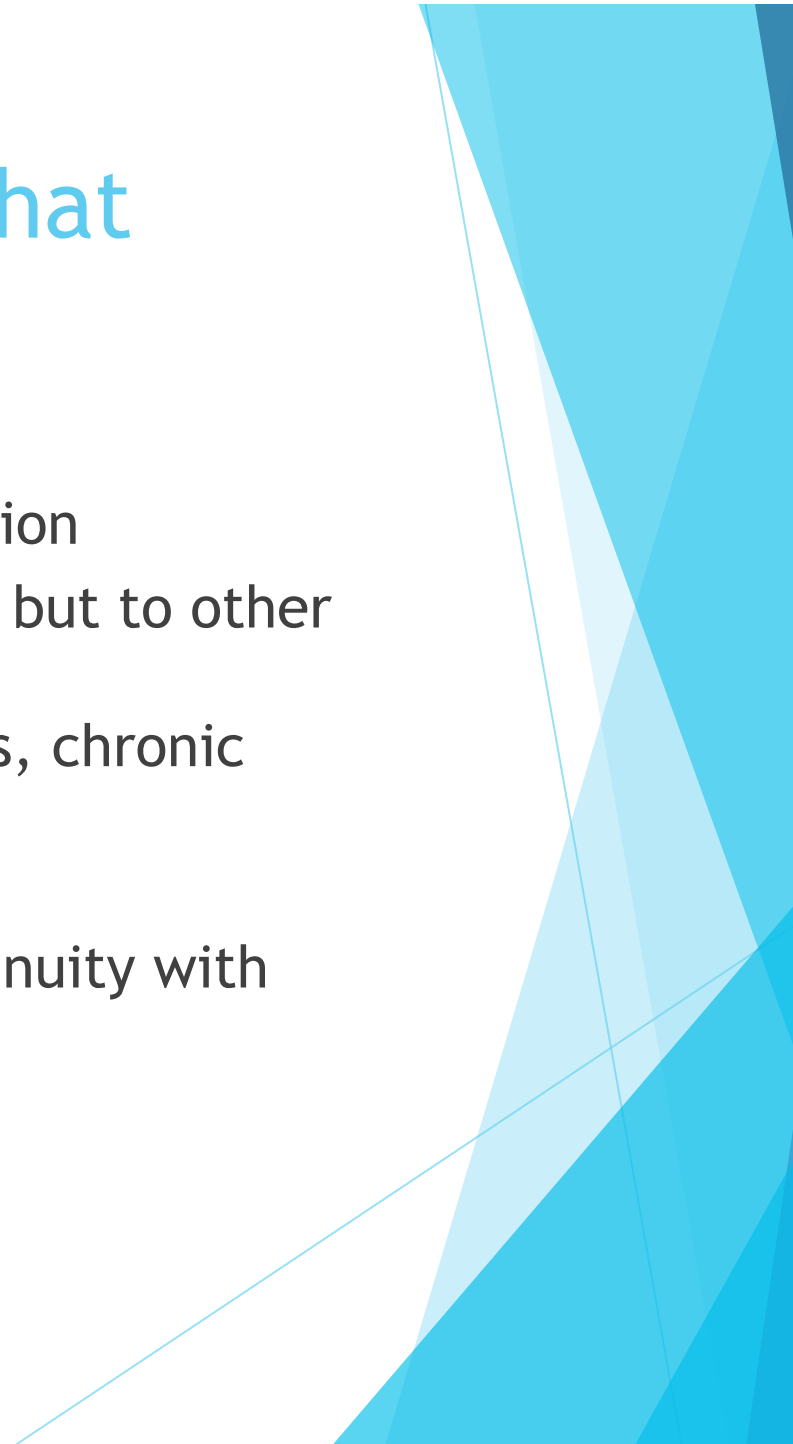
A focus on these non-medical determinants of health is critical to improving the health of not just individual patients, but entire populations





The Patient's Medical Home - What Canadians Want:

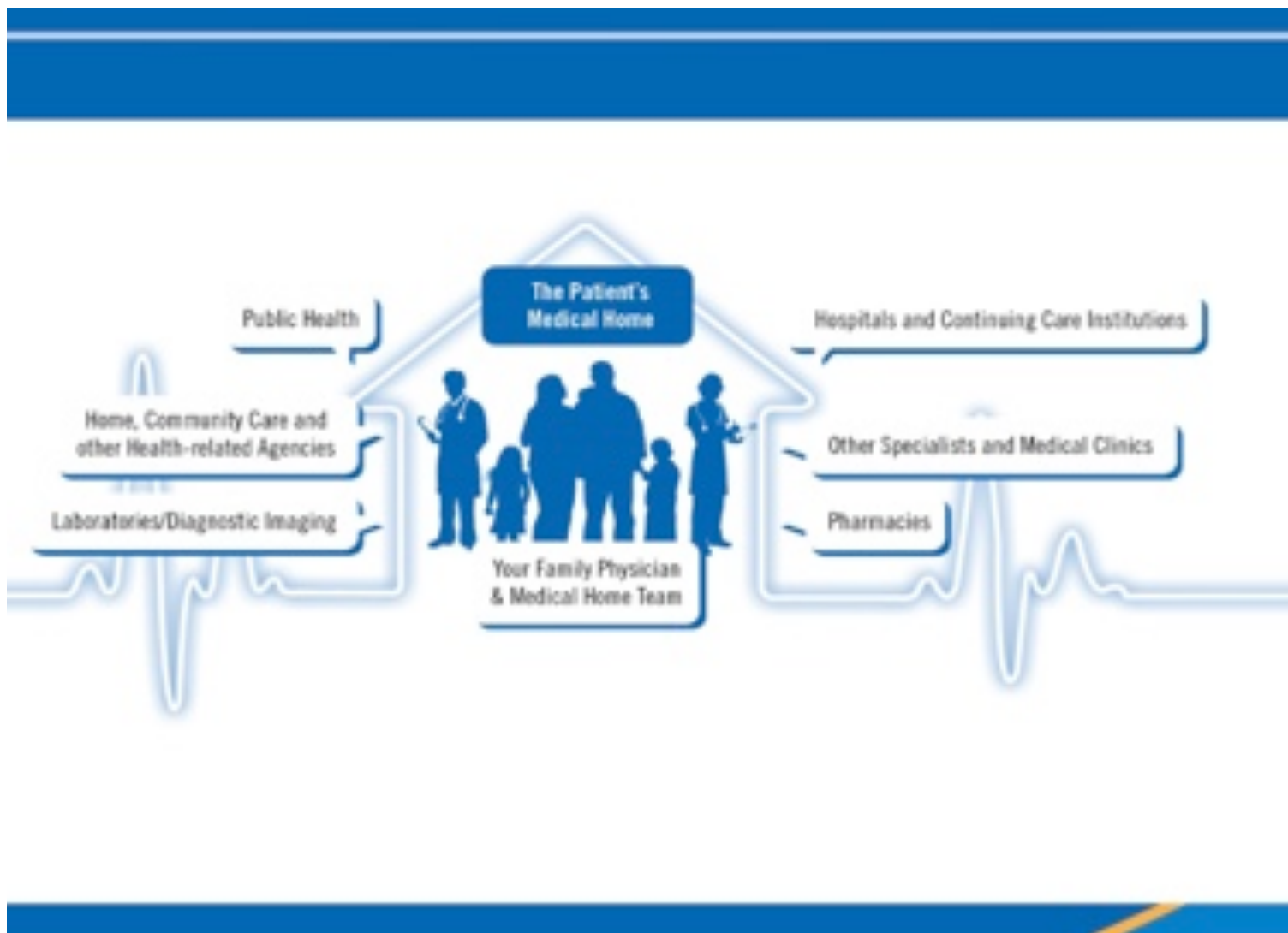
- Patient-centred care and focused on the population
- Timely access to not only primary care providers but to other elements of the health care system
- Better health outcomes, prevention and wellness, chronic disease management
- Quality and patient safety
- Comprehensive, coordinated care based on continuity with providers
- Team based care
- An investment into their health.



The Future Family Practice in Canada: The Patient's Medical Home



The Future Family Practice in Canada: The Patient's Medical Home - In Your Community





5. Comprehensive Care

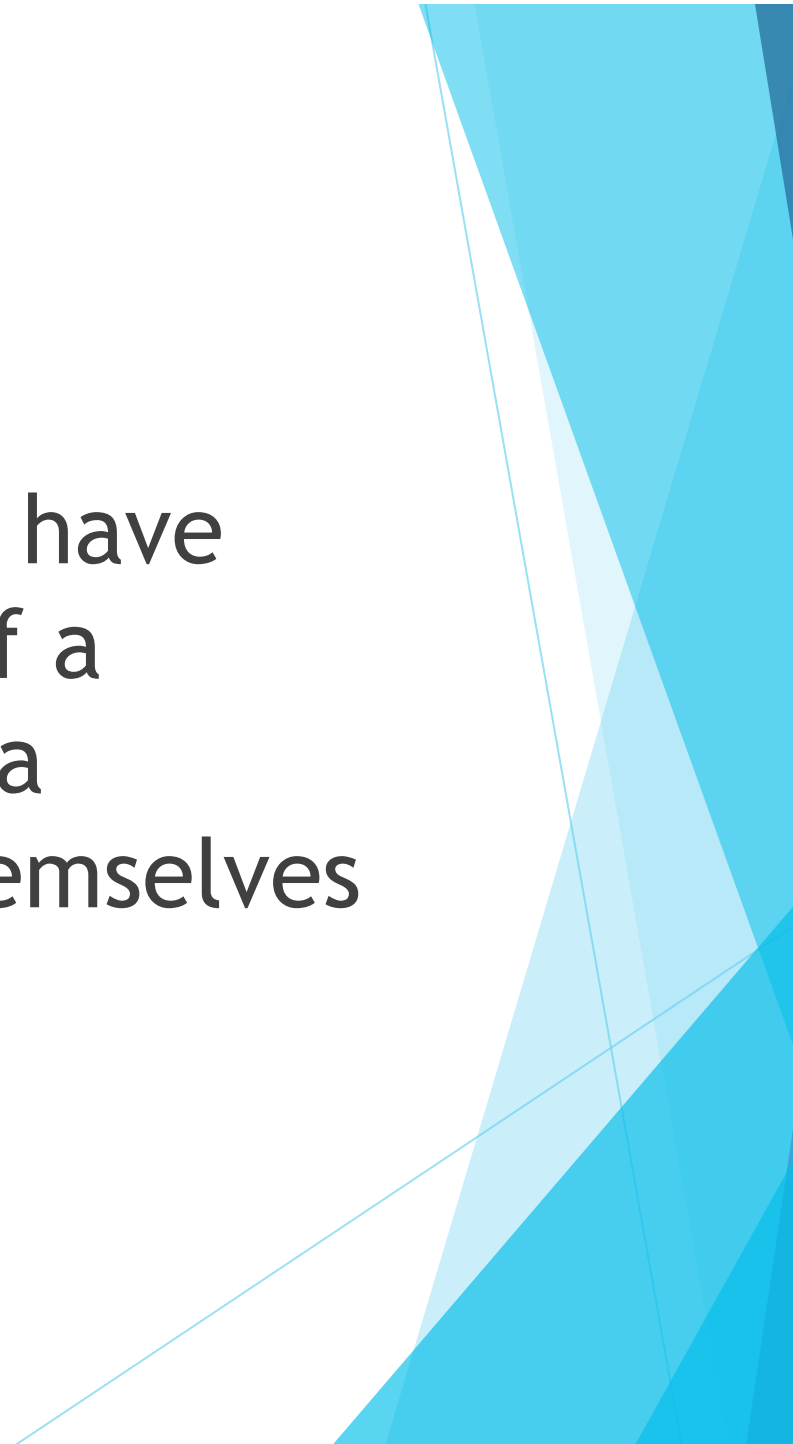
The Patient's Medical Home is a vision for family practice in Canada.

Family Practice: The Patient's Medical Home



MH Objectives

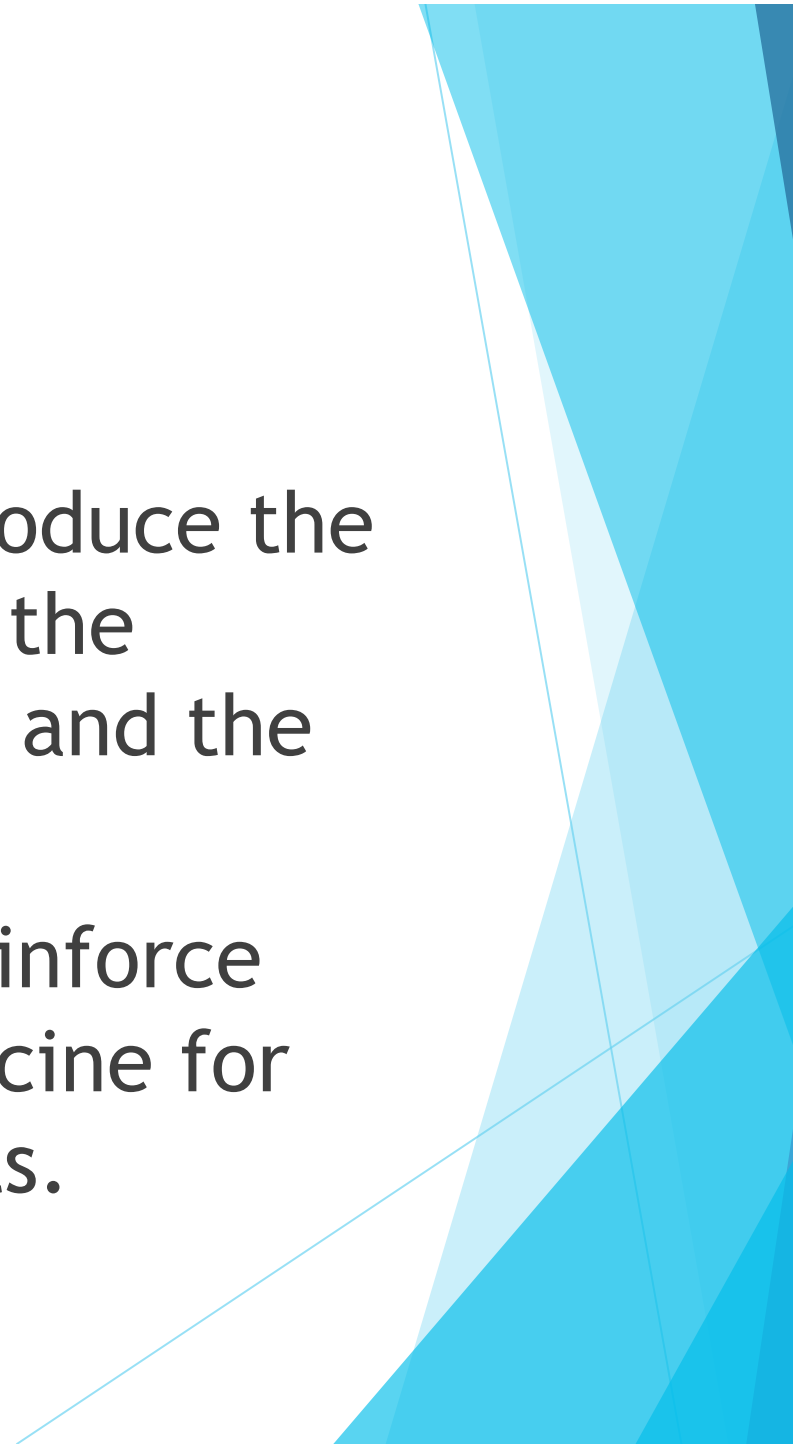
1. Every person in Canada will have the opportunity to be a part of a family practice that serves as a Patient's Medical Home for themselves and their families.



MH Objectives

2. Patient's Medical Homes will produce the best possible health outcomes for the patients, the practice populations and the communities they serve.

3. Patient's Medical Homes will reinforce the Four Principles of Family Medicine for both the doctors and their patients.

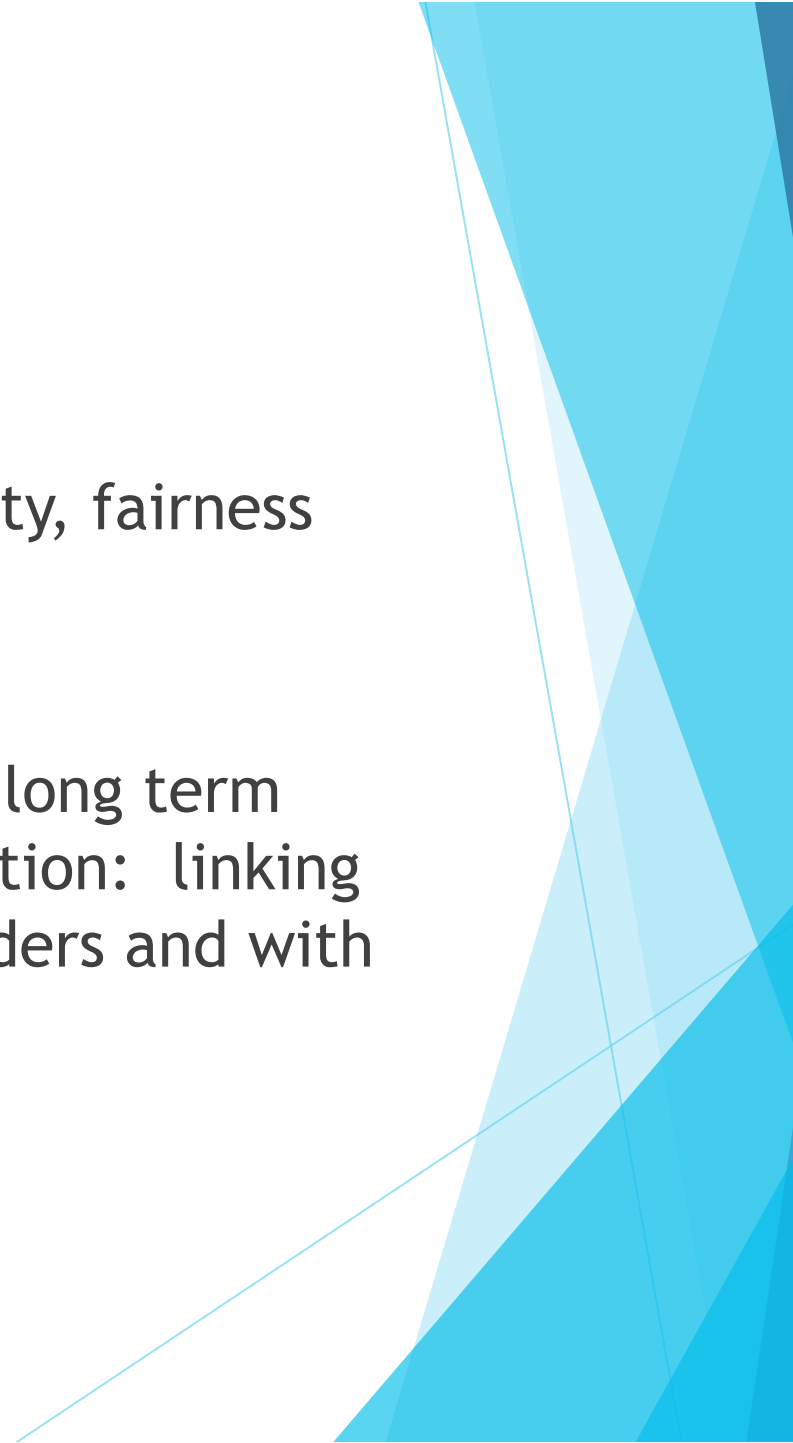


The PMH and Communities

The PMH Model: Embraces the values of equity, fairness and access to care for all people

The PMH is about compassionate care

Access to the continuum of care: home care, long term care, emergency and hospital care - coordination: linking with care in the community, with other providers and with families caring for loved ones.

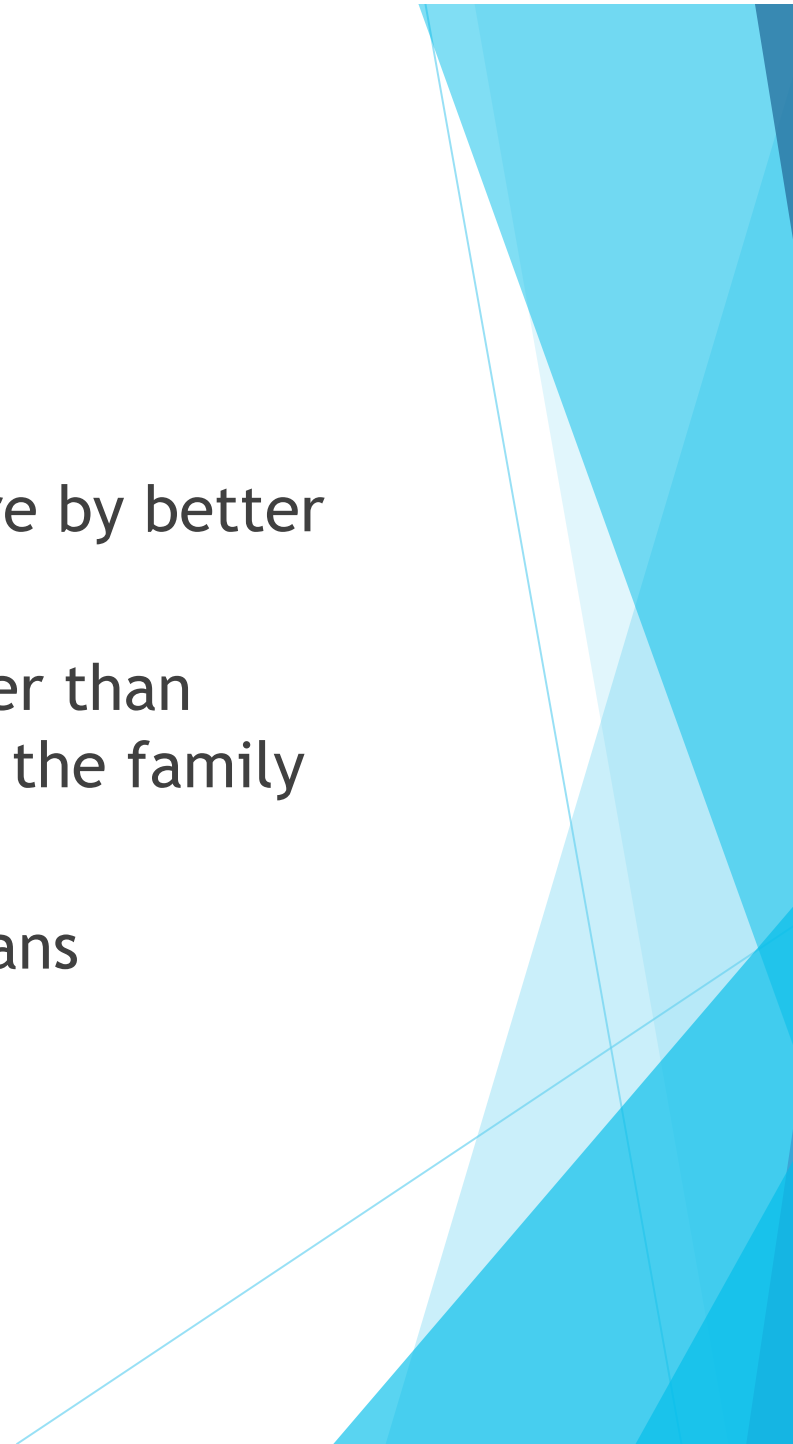


The PMH and Communities

Timely access: Reduces waits for primary care by better use of teams and urging same day scheduling

Patient centred: Care is person focused rather than disease focused and needs of the patient and the family are paramount

PMH is an investment in the health of Canadians



The Value of Family Physicians and Primary Care - Access

Access to primary care and family practice teams:

- ▶ Reduces ER use
- ▶ Improves access to care
- ▶ Offers more preventative services
- ▶ Enhances patient satisfaction



Statistics Canada 2008: Primary health care teams and their impact on processes and outcomes of care - Khan, S.,

McIntosh, C., Sanmartin, C., Leeb, K.

The Value of Family Physicians and Primary Care - Continuity

Relationships built and strengthened over time between patients and their personal family physician:

- ▶ Contributes significantly to better health outcomes
- ▶ Associated with receiving preventative care
- ▶ Potential benefit for all patient populations including those with chronic illnesses



The Value of Family Physicians and Primary Care - Comprehensiveness

A wider range of services provided by primary care practitioners results in better health outcomes, at lower costs.



The Value of Family Physicians and Primary Care - System Impacts

Those who report having their own family doctor as their regular source of care ...

- ▶ Receive more appropriate preventative care
- ▶ Fewer diagnostic tests
- ▶ Fewer prescriptions
- ▶ Have fewer hospitalizations
- ▶ Fewer visits to the ER
- ▶ Are more likely to receive a more accurate diagnosis
- ▶ Have lower cost of care

Than those without a regular source of care.

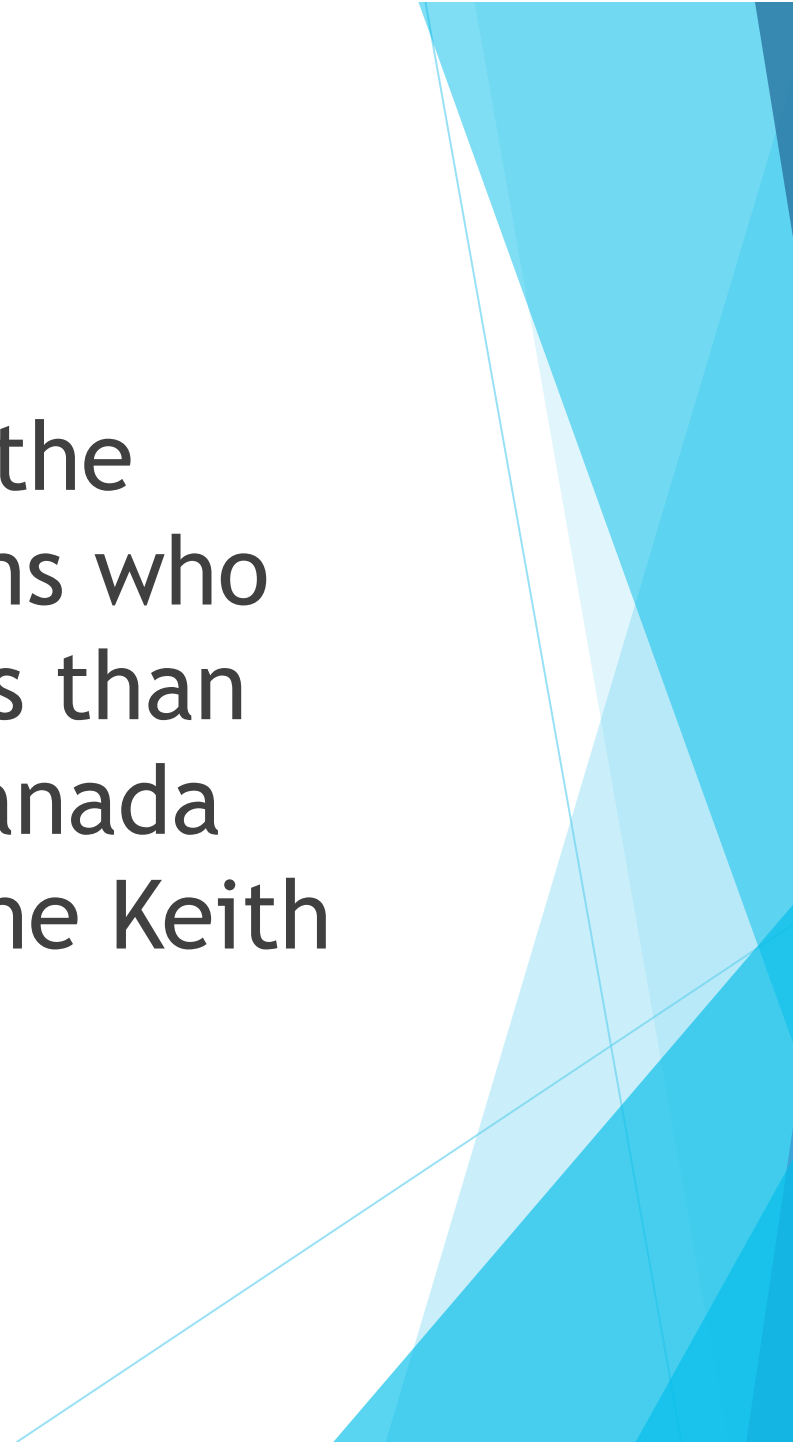


The NL experience - The Keith Award



Memorial University produces the highest proportion of physicians who become rural family physicians than any other medical school in Canada therefore has been awarded the Keith Award 4 times since 2000.

But....



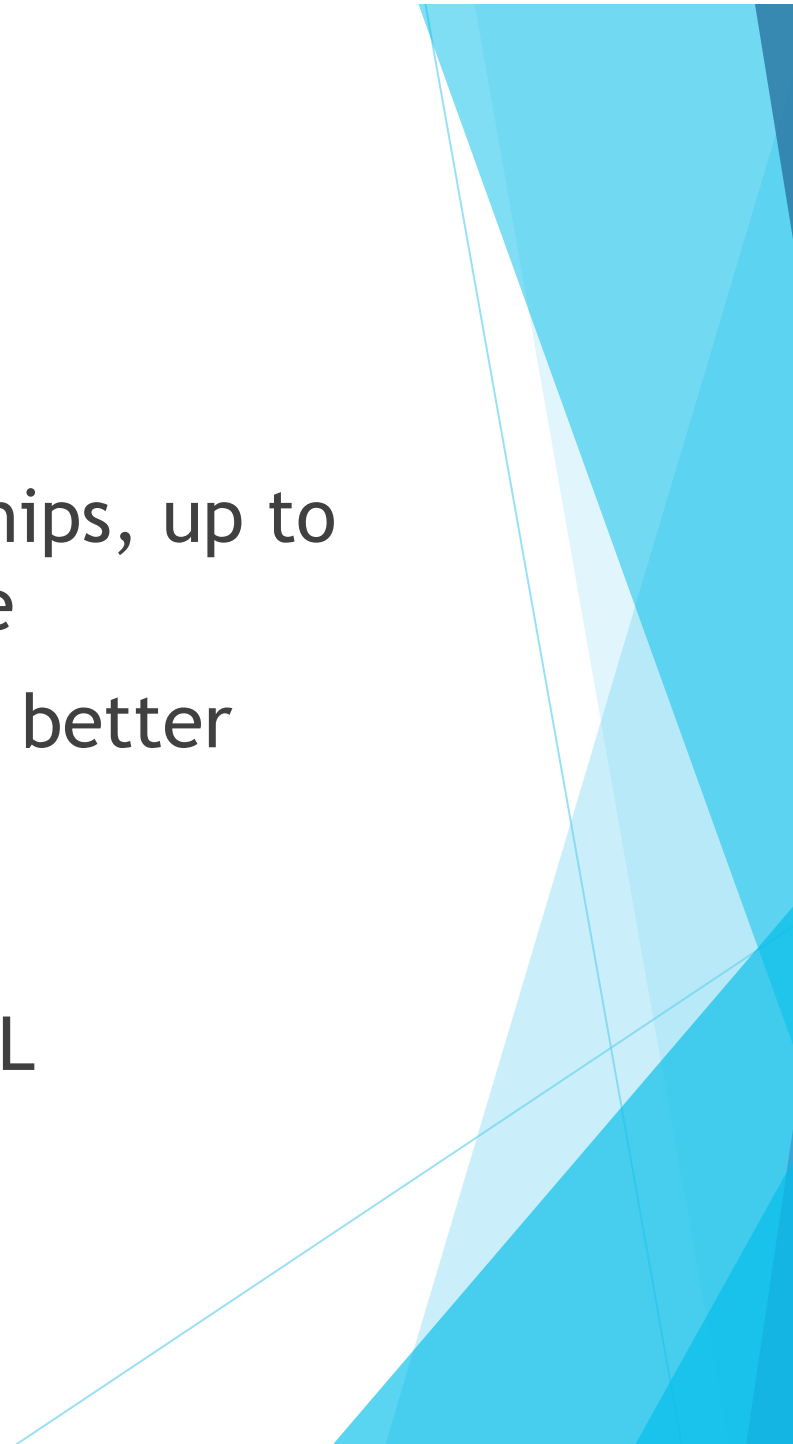
This Needs to Change

Stable PMH Hubs with formal relationships, up to date technologies and stable workforce

Better continuity, improved access and better outcomes

Different needs for different regions

Improved recruitment/retention for ALL professionals



How can Municipalities Help?

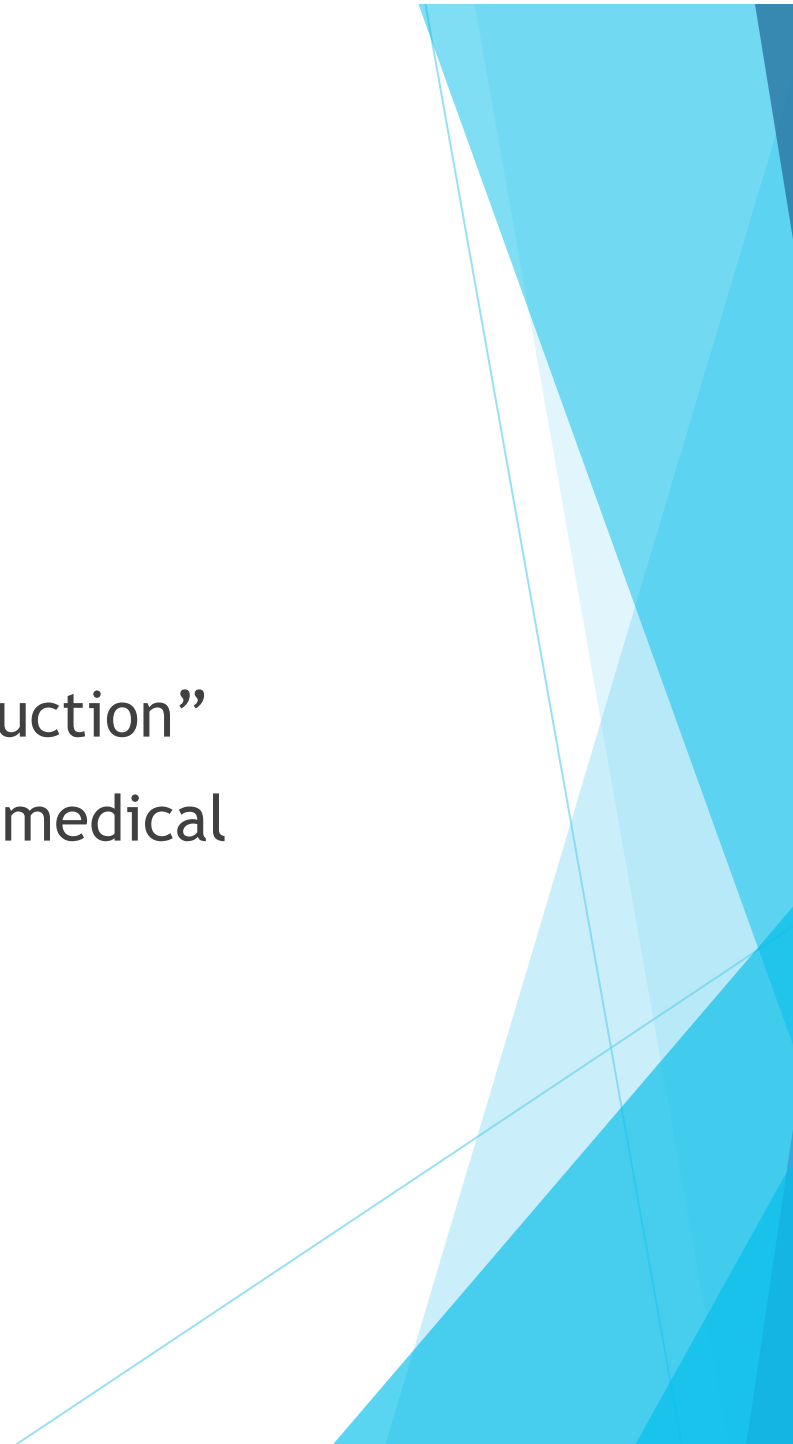
Endorse the philosophy

Organize your community and your resources

Reach out to medical learners - “The Grand Seduction”

Form partnerships with CFPC, NLMA, RHAs MUN medical school, etc.

Ask questions



Questions or Comments?

